

Die 5 Solas

P R E E K R E E K S

deur Genade
die Woord
deur Geloof
deur Christus
Aan God die Eer



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9 ⁹Because of his strength I will
give heed unto thee;
For God is my high tower.
10 My God with his lovingkind-
ness will meet me:
God will let me see my desire
upon mine enemies.
11 Slay them not, lest my people
forget:
Scatter them by thy power,
and bring them down,
O Lord our shield.
12 For the sin of their mouth, and
the words of their lips,
Let them even be taken in their
pride,
And for cursing and lying
which they speak.
13 Consume them in wrath, con-
sume them, so that they
shall be no more:
And let them know that God
ruleth in Jacob,
Unto the ends of the earth.
14 And at evening let them re-
turn, let them howl like a dog,
And go round about the city.
15 They shall wander up and
down for food,
And tarry all night if they be
not satisfied.
16 But I will sing of thy strength;
Yea, I will sing aloud of thy
lovingkindness in the morn-
ing:
For thou hast been my high
tower,
And a refuge in the day of my
distress.
17 Unto thee, O my strength, will
I sing praises:
For God is my high tower, the
God of my mercy.

Lament over Defeat in Battle, and Prayer
for Help.

For the Chief Musician; set to Shushan
Eduth. Michiam of David, to teach;
when he strove with Aram-naharaim
and with Aramzobah, and Joab returned
and smote of Edom in the Valley of Salt
twelve thousand.

60 O God, thou hast cast us off,
thou hast broken us down;
Thou hast been angry; oh re-
store us again.

⁴ Acc. to Sept. and Vulg., My strength
Or, them that lie in wait for me. ⁶ Or,
Make them wander to and fro. ⁷ That is,
The filly of testimony.

PSALMS 60.2—62.6

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2 Thou hast made the land to
tremble; thou hast rent it:
Heal the breaches thereof;
for it shaketh.
3 Thou hast showed thy people
hard things:
Thou hast made us to drink the
wine of staggering.
4 Thou hast given a banner to
them that fear thee,
That it may be displayed be-
cause of the truth. [Sé lah
5 That thy beloved may be de-
livered.
Save with thy right hand, and
answer us.
6 God hath spoken in his holi-
ness: I will exult;
I will divide Shéchem, and
mete out the valley of Súc-
côth.
7 Gîlêad is mine, and Mânâs-
sêh is mine;
Ephraim also is the defence
of my head;
Judah is my sceptre.
8 Môab is my washpot;
Upon E'dôm will I cast my
shoe:
Phi-lis-ti-a, shout thou because
of me.
9 Who will bring me into the
strong city?
Who hath led me unto E'dôm?
10 Hast not thou, O God, cast
us off?
And thou goest not forth, O
God, with our hosts.
11 Give us help against the adver-
sary:
For vain is the help of man.
12 Through God we shall do vali-
antly;
For he it is that will tread down
our adversaries.

Confidence in God's Protection.

For the Chief Musician; on a stringed
instrument. A Psalm of David.

61 Hear my cry, O God;
Attend unto my prayer.
2 From the end of the earth will I
call unto thee, when my
heart is overwhelmed:

¹ Another reading is, me. ² Or, in answer
for. ³ Or, Who will lead me, &c.
⁴ Or, Will not thou, O God, who hast cast us
off, and goest . . . hosts? ⁵ Heb. salvation
⁶ Or, faithful.

Lead me to the rock that is
higher than I.
3 For thou hast been a refuge
for me,
A strong tower from the enemy.
4 I will dwell in thy tabernacle
for ever:
I will take refuge in the covert
of thy wings. [Sé lah
5 For thou, O God, hast heard
my vows:
Thou hast given me the heri-
tage of those that fear thy
name.
6 Thou wilt prolong the king's life;
His years shall be as many
generations.
7 He shall abide before God for
ever:
Oh prepare lovingkindness and
truth, that they may preserve
him.
8 So will I sing praise unto thy
name for ever,
That I may daily perform my
vows.

God alone a Refuge from Treachery and
Oppression.

For the Chief Musician; after the manner
of Jeduthun. A Psalm of David.

62 My soul waiteth in silence
for God only:
From him cometh my salvation.
2 He only is my rock and my sal-
vation:
He is my high tower; I shall
not be greatly moved.
3 How long will ye set upon a
man,
That ye may slay him, all of
you,
Like a leaning wall, like a tot-
tering fence?
4 They only consult to thrust him
down from his dignity:
They delight in lies;
They bless with their mouth,
but they curse inwardly. [Sé lah
5 My soul, wait thou in silence
for God only:
For my expectation is from him.
6 He only is my rock and my sal-
vation:

² Or, a rock that is too high for me. ³ Heb.
tent. ⁴ Or, given a heritage unto those &c.
⁵ Heb. is silent unto God. ⁶ Or, an other-
wise read, Ye shall be slain &c. ⁷ Heb. be
thou silent unto God.

Die 5 Solas
P R E E K R E E K S

Sola Gratia

Markus 14



Sola Scriptura

Psalm 119



Die 5 Solas
P R E E K R E E K S

¹⁴Maar jy, bly by wat jy geleer het en wat jy vas glo. Jy weet tog wie jou leermeesters was ¹⁵en jy ken van kleins af die heilige Skrif. Dit kan jou die kennis bybring wat tot verlossing lei deur die geloof in Christus Jesus. ¹⁶Die hele Skrif is deur God geïnspireer en het groot waarde om in die waarheid te onderrig,

2 Timoteus 3:14-17

dwaling te bestry, verkeerdhede reg te stel
en 'n regte lewenswyse te kweek, ¹⁷sodat die
man wat in diens van God staan, volkome
voorberei en toegerus sal wees
vir elke goeie werk.

2 Timoteus 3:14-17

Psalm 119

- 22 strofes – 1 vir elke letter
- van 8 verse elk = 176
- groepe van 8 begin met dieselfde letter
- 8 sinonieme vir die bekendmaking van God se Wil:
- wet
- woord
- bepalinge
- getuienisse
- gebooe
- voorskrifte
- bevele
- beloftes

Psalm 119

- Wet is nie net reëls nie, maar die bekendmaking van God se wil
- Jahwe deur die Woord verpersoonlik
- Torah moes die afstand tussen God en sy volk kleiner maak
- Die Woord is God se lewegewende teenwoordigheid.

Psalm 119

- Jahwe is die enigste en volkome Verlosser van die mens
- Volkome gehoorsaamheid is die beginpunt van ware geloof.



¹In die begin was die Woord daar, en die Woord was by God, en die Woord was self God. ²Hy was reeds in die begin by God. ³Alles het deur Hom tot stand gekom: ja, nie 'n enkele ding wat bestaan, het sonder Hom tot stand gekom nie. ⁴In Hom was daar lewe, en dié lewe was die lig vir die mense. ⁵Die lig skyn in die duisternis, die duisternis kon dit nie uitdoof nie.

Johannes 1:1-5

- vreugde
- rykdom
- besing
- smag
- verryk
- aangenaam
- verlustig

- 'n lied in my lewe
- ek het dit lief
- soeter as heuning
- gretig
- 'n groot skat
- vertrouwe
- is vir my die lewe

PSALM 40 Psalm for
To the chief musician. A Psalm of David.
Hear, all ye that fear the Lord, I have called upon the Lord, and he hath answered me, and hath delivered me from all mine iniquities.
I have called upon the Lord in my distress, and he hath answered me, and hath delivered me from all mine iniquities.
I have called upon the Lord in my distress, and he hath answered me, and hath delivered me from all mine iniquities.

PSALM 50 Psalm for
To the chief musician. A Psalm of David.
The mighty God, even the Lord, hath said, I will not accept of the sacrifice of the wicked, nor will I receive their burnt offerings: for they have despised my voice, they have despised my word, they have despised my voice, they have despised my word.

- dit gaan goed
- skoon hou
- veilig
- lig
- beskerm
- wat my die weg wys
- skuil

- staan vir altyd vas
- gee my nuwe lewe
- dit gee insig
- krag
- bevryding
- hoop
- redding



⁸Onthou altyd dat Jesus Christus, 'n nakomeling van Dawid, uit die dood opgewek is. Dit is die evangelie wat ek verkondig. ⁹Vir hierdie evangelie ly ek verdrukking, selfs in boeie soos 'n misdadiger, maar die woord van God kan nie geboei word nie.

2 Timoteus 2:8-11

¹⁰Daarom verdra ek alles ter wille van die uitverkorenes, sodat ook hulle die verlossing, wat daar in Christus Jesus is, en die ewige heerlijkheid kan ontvang. ¹¹Dit is 'n betroubare woord:
As ons saam met Hom gesterf het, sal ons ook saam met Hom lewe;

2 Timoteus 2:8-11

Deur watter bril kyk jy?



176 Ek dwaal rond soos 'n verlore skaap; soek
tog u dienskneg. U gebooie vergeet ek
immers nie.

Psalm 119:176^{DV}

Sola Scriptura

Psalm 119



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